

EFFECTIVE LEADERSHIP & MANAGEMENT

in Nutrition & Dietetics

Instructor's Resource Manual



Not for Sale



Academy of Nutrition and Dietetics

Academy of Nutrition and Dietetics
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Effective Leadership & Management in Nutrition & Dietetics—Instructor’s Resource Manual

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About the Author

Dr Elaine Fontenot Molaison, PhD, RD, LD, is an associate professor in the Department of Human Nutrition and Hospitality at The University of Alabama. Dr Molaison has extensive experience in preparing students for roles in nutrition and dietetics, working as a program director and instructor for medical nutrition therapy and leadership courses for more than 20 years. In addition to teaching online graduate courses in human nutrition, her primary responsibility is establishing and maintaining affiliations between the graduate program and dietetic internships that provide interns the ability to meet the requirement for a graduate degree and credentialing. She previously served as a department chair, the director of the Didactic Program in Dietetics and the director of a dietetic internship.

Dr Molaison has served as program reviewer for the Accreditation Council for Education in Nutrition and Dietetics (ACEND) since 2002. She has been appointed to the ACEND board and has served as chair. She also served as the academic member of the board for the Association of Specialized and Professional Accreditors and is currently a subcommissioner for the Accreditation Review Commission on Education for the Physician Assistant.



Introduction

This Instructor's Resource Manual was designed to complement *Effective Leadership & Management in Nutrition & Dietetics*, which may be used as a course textbook for upper-level undergraduate and graduate-level students. The textbook may also be used by practitioners who want to expand their knowledge of and prepare for positions in leadership and management. The Instructor's Resource Manual is organized into 14 chapters that mirror the textbook. This manual was developed by a dietetics educator to assist course instructors with content delivery and assessment.

Competencies and Performance Indicators

The Instructor's Resource Manual may be used by dietetics program faculty and course instructors to develop competency-based course plans for nutrition and dietetics leadership courses. Individuals preparing for a career in leadership or management can also use this manual as a guide to prepare for roles in these areas. This manual includes a variety of learning activities that may be used to conduct both *formative* evaluations (ie, those that promote and evaluate student learning) and *summative* evaluations (ie, those that evaluate student learning following completion of a chapter/section). These evaluations may be used to assess student achievement on required dietetics education competencies developed by the accrediting agency for dietetics programs, the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

ACEND competencies (2022) most closely related to leadership, management, and communication for graduate and undergraduate degree programs are listed in the Appendix. **These include Future Education Model competencies and performance indicators as well as Core Knowledge and Competencies of the Registered Dietitian Nutritionist.**

Learning activities that may be used to evaluate student achievement of knowledge and competence are provided.



Learning Activities

Each chapter in this instructor's manual includes the learning objectives for the corresponding textbook chapter, as well as five to seven quiz questions (with correct responses) and one to three class discussion activities. Four section assignments are also included, allowing the learner to combine knowledge from multiple chapters. (Chapters 1 through 3, 4 through 6, 7 through 10, and 11 through 14 are grouped together.) Section assignments can serve as a more extensive summative evaluation of student knowledge and application.

Instructors could use the chapter quizzes in two ways. First, quizzes could be used as a readiness assessment test (RAT) at the beginning of a class period to assess student knowledge and comprehension of the reading material after students have completed assigned chapter readings prior to attending class. In this way, the RAT can be used as an in-class learning activity, during which RAT questions and answers are discussed (ie, formative assessment). This is consistent with a "flipped classroom" learning approach. Alternatively, the quizzes could be used to assess student knowledge following completion of each chapter (as a summative evaluation).

PowerPoint Slides

PowerPoint slides are provided for each book chapter. Each slide set follows the sequence of content delivered in each chapter. Slides and accompanying notes may be customized to fit course needs.

Handouts

Student handouts with the quiz questions, discussion activities, and section assignments are included in separate Microsoft Word documents. These files can be customized to fit course needs.

