



# Centralized Resources for Evidence-Based Practice

Accessible through an easy-to-use online platform, the **Nutrition Care Manual (NCM<sup>®</sup>)** is the nutrition professional's hub for evidence-based practice, applying condition-specific *Nutrition Care Process<sup>®</sup>* terms and *Evidence Analysis Library<sup>®</sup>* guidelines, all in ONE location.

Whether working in acute care, post-acute care, private practice or the classroom, NCM<sup>®</sup> subscribers have the latest recommendations for patients and clients.



## Features

- A **customizable diet manual**, consistent with accrediting body standards.
- Over **130 evidence-based nutrition care sections** ranging from diabetes mellitus to chronic kidney disease.
- An **extensive client education library of 200 handouts** with 150 translations.
- The **NCM<sup>®</sup> Energy Needs Calculator**, which selects the equation to achieve the most accurate estimated energy needs.
- **International Dysphagia Diet Standardization Initiative (IDDSI)** dysphagia framework transition tools.



## Benefits for Your Practice

- ✓ **Saves Time:** NCM<sup>®</sup> provides evidence-based resources at your fingertips. NCM<sup>®</sup> is the resource you need to keep your recommendations **aligned with the latest evidence**.
- ✓ **Provides Value:** With a fully customizable diet manual, reproducible client education handouts, consistent with regulatory standards, calculators, and detailed recommendations addressing 130 conditions all in one convenient platform, NCM<sup>®</sup> delivers a positive return on your investment.
- ✓ **Keeps You Current:** NCM<sup>®</sup> is updated when new research and practice information is available. This ensures that you can provide quality and consistent care to your patients and clients.



The cost is worth what you get from NCM<sup>®</sup>. It's a great resource for dietitians, providing content such as fact sheets, meal plans, ingredient lists and so much more, in one easy to access platform."

— Brooke Lister, MPH, RDN, CD



## Benefits for Your Patients and Clients

Subscribing to NCM<sup>®</sup> allows you more time to focus on your practice and ensure that your patients and clients are getting personalized nutrition recommendations. In addition to a robust client education library, there are also 150 Arabic, Chinese, Spanish, and Vietnamese translations.



## Customer Satisfaction and Engagement

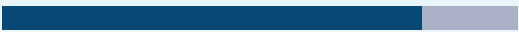
4.11/5 Star Satisfaction Rating



### Most Valued Features



**83%\*** Up-to-date and evidence-based clinical recommendations



**82%\*** Quality and utility of client education handouts

\*percentage of survey respondents

### How does the NCM® make your work life easier?



**77%\*** Provides evidence-based content for clinical practice areas and beyond

\*percentage of survey respondents

### Customer Engagement



**775,000**

Annual users



**3,000,000**

Annual client education unique page views



**1,000,000**

Annual nutrition care unique page views

“ My clients come to me with a number of health conditions. The NCM® allows me to customize their care by personalizing meal and case plans.”

— Susan Figaro Grace, MEd, RD, CWC

“ NCM® provides a centralized location of nutrition information I need allowing me to customize plans for my clients easily and efficiently.”

— Sunny Yingling, MS, RD, CSSD

“ The client education materials are a valued resource. I can tailor them directly within the NCM® in a number of languages.”

— Denise Robertson, RD, LDN

## Pricing

**Academy Member:** \$195 a year (\$155 renewal)

**Nonmember:** \$362 a year (\$191 renewal)

**Student and Retired Member:** \$150 a year (\$150 renewal)

## Free Trial

Ready to experience NCM®? Access a **4-Day free trial** today.

[How to Use the NCM® Guide](#)

[Watch Video](#)



## Contact

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